



21. Kirschlauf
Kleinfahner/Thür. / 11.06.2023

Detailed evaluation

Ronny Weber

Club: TRCT Racing Team/Rennsteiglaufverein
Number: 142

Course: 14.00 km
Hauptlauf

Category:
Senioren M45 (45-49)

Total time: 1:10:04

Speed: 11.99 km/h
Running performance: 5:00 min/km

Rank in course/Total: 31 (of 175)

Rank in course/Men: 28 (of 123)

Best time in course: 47:53

Rank in category: 5(of 20)

Best time in the category: 56:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle 31	-	29:50	-	6	5:57	32	9:05	-	29:50	-	6	5:57	32	9:05
Finish	-	40:14	-	5	8:05	27	13:06	14.00	1:10:04	-	5	14:02	28	22:11