



21. Kirschlauf
Kleinfahner/Thür. / 11.06.2023

Detailed evaluation

Andreas Twrznik

Club: SV Eisleben Sangerhausen e.V.
Number: 172

Course: 14.00 km
Hauptlauf

Category:
Senioren M45 (45-49)

Total time: 1:17:51

Speed: 10.79 km/h
Running performance: 5:33 min/km

Rank in course/Total: 73 (of 175)

Rank in course/Men: 61 (of 123)

Best time in course: 47:53

Rank in category: 12(of 20)

Best time in the category: 56:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle 31	-	33:31	-	12	9:38	61	12:46	-	33:31	-	12	9:38	61	12:46
Finish	-	44:20	-	12	12:11	59	17:12	14.00	1:17:51	-	12	21:49	61	29:58