



21. Kirschlauf  
Kleinfahner/Thür. / 11.06.2023

Detailed evaluation

Marc Düsterhöft

Club: Skisportverein Erfurt 02  
Number: 23

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M45 (45-49)

Total time: 1:31:21

Speed: 9.20 km/h  
Running performance: 6:31 min/km

Rank in course/Total: 130 (of 175)

Rank in course/Men: 102 (of 123)

Best time in course: 47:53

Rank in category: 19(of 20)

Best time in the category: 56:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking			
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle 31	-	36:13	-	16	12:20	85	15:28	-	36:13	-	16	12:20	85	15:28
Finish	-	55:08	-	20	22:59	108	28:00	14.00	1:31:21	-	19	35:19	102	43:28