



21. Kirschlauf
Kleinfahner/Thür. / 11.06.2023

Detailed evaluation

René Kruse

Club: WalschbergRunners
Number: 81

Course: 14.00 km
Hauptlauf

Category:
Senioren M50 (50-54)

Total time: 1:13:29

Speed: 11.43 km/h
Running performance: 5:14 min/km

Rank in course/Total: 48 (of 175)

Rank in course/Men: 40 (of 123)

Best time in course: 47:53

Rank in category: 2(of 11)

Best time in the category: 1:09:34

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total | | Total min/km | Pos Cat. | Behind Cat. | Total ranking | |
|--------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------|---------|-----------------|-------------|----------------|---------------|---------------|
| | | | | | | Pos Men | Behind Men | km | Time | | | | Pos Men | Behind Men |
| Kontrolle 31 | - | 31:05 | - | 2 | 1:55 | 40 | 10:20 | - | 31:05 | - | 2 | 1:55 | 40 | 10:20 |
| Finish | - | 42:24 | - | 2 | 2:00 | 39 | 15:16 | 14.00 | 1:13:29 | - | 2 | 3:55 | 40 | 25:36 |