



21. Kirschlauf
Kleinfahner/Thür. / 11.06.2023

Detailed evaluation

Jens Welke

Club: Laufwerk Sömmerda
Number: 170

Course: 14.00 km
Hauptlauf

Category:
Senioren M50 (50-54)

Total time: 1:15:34

Speed: 11.12 km/h
Running performance: 5:23 min/km

Rank in course/Total: 58 (of 175)

Rank in course/Men: 49 (of 123)

Best time in course: 47:53

Rank in category: 4(of 11)

Best time in the category: 1:09:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Kontrolle 31	-	31:46	-	3	2:36	44	11:01	-	31:46	-	3	2:36	44	11:01
Finish	-	43:48	-	5	3:24	52	16:40	14.00	1:15:34	-	4	6:00	49	27:41