



21. Kirschlauf

Kleinfahner/Thür. / 11.06.2023

Detailed evaluation

Heiko Krtschil

Club: FSV 78 Burgtonna e.V.
Number: 77

Course: 14.00 km
Hauptlauf

Category:
Senioren M55 (55-59)

Total time: 1:27:36

Speed: 9.59 km/h
Running performance: 6:15 min/km

Rank in course/Total: 112 (of 175)

Rank in course/Men: 89 (of 123)

Best time in course: 47:53

Rank in category: 10(of 16)

Best time in the category: 1:05:48

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kontrolle 31	-	37:11	-	11	8:54	95	16:26	-	37:11	-	11	8:54	95	16:26
Finish	-	50:25	-	10	12:54	86	23:17	14.00	1:27:36	-	10	21:48	89	39:43