



21. Kirschlauf
Kleinfahner/Thür. / 11.06.2023

Detailed evaluation

Michael Herrmann

Club: SWE Laufteam
Number: 57

Course: 14.00 km
Hauptlauf

Category:
Senioren M55 (55-59)

Total time: 1:40:26

Speed: 8.36 km/h
Running performance: 7:10 min/km

Rank in course/Total: 153 (of 175)

Rank in course/Men: 114 (of 123)

Best time in course: 47:53

Rank in category: 13(of 16)

Best time in the category: 1:05:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle 31	-	41:52	-	13	13:35	114	21:07	-	41:52	-	13	13:35	114	21:07
Finish	-	58:34	-	13	21:03	113	31:26	14.00	1:40:26	-	13	34:38	114	52:33