



21. Kirschlauf

Kleinfahner/Thür. / 11.06.2023

Detailed evaluation

Jürgen Klöpfel

Club: Laufclub Rudolstadt e.V.
Number: 70

Course: 14.00 km
Hauptlauf

Category:
Senioren M60 (60-64)

Total time: 1:16:48

Speed: 10.94 km/h
Running performance: 5:29 min/km

Rank in course/Total: 67 (of 175)

Rank in course/Men: 56 (of 123)

Best time in course: 47:53

Rank in category: 5(of 15)

Best time in the category: 1:07:26

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kontrolle 31	-	33:40	-	5	4:50	64	12:55	-	33:40	-	5	4:50	64	12:55
Finish	-	43:08	-	3	4:32	43	16:00	14.00	1:16:48	-	5	9:22	56	28:55