



21. Kirschlauf
Kleinfahner/Thür. / 11.06.2023

Detailed evaluation

Reiner Holzhaus

Club: LAV Saale Rennsteig/Kamsdorf
Number: 60

Course: 14.00 km
Hauptlauf

Category:
Senioren M60 (60-64)

Total time: 1:25:46

Speed: 9.79 km/h
Running performance: 6:07 min/km

Rank in course/Total: 105 (of 175)

Rank in course/Men: 83 (of 123)

Best time in course: 47:53

Rank in category: 10(of 15)

Best time in the category: 1:07:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle 31	-	35:26	-	10	6:36	80	14:41	-	35:26	-	10	6:36	80	14:41
Finish	-	50:20	-	10	11:44	85	23:12	14.00	1:25:46	-	10	18:20	83	37:53