



21. Kirschlauf
Kleinfahner/Thür. / 11.06.2023

Detailed evaluation

Holger Lesser

Club: Erfurt
Number: 86

Course: 14.00 km
Hauptlauf

Category:
Senioren M60 (60-64)

Total time: 1:37:42

Speed: 8.60 km/h
Running performance: 6:58 min/km

Rank in course/Total: 148 (of 175)

Rank in course/Men: 110 (of 123)

Best time in course: 47:53

Rank in category: 12(of 15)

Best time in the category: 1:07:26

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total | | Pos Cat. | Behind Cat. | Total ranking | | |
|--------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------------|---------------|-------------|----------------|---------------|---------------|-------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | | | Pos Men | Behind Men | |
| Kontrolle 31 | - | 40:23 | - | 12 | 11:33 | 110 | 19:38 | - | 40:23 | - | 12 | 11:33 | 110 | 19:38 |
| Finish | - | 57:19 | - | 12 | 18:43 | 110 | 30:11 | 14.00 | 1:37:42 | - | 12 | 30:16 | 110 | 49:49 |