



21. Kirschlauf
Kleinfahner/Thür. / 11.06.2023

Detailed evaluation

Ralf-Peter Nerlich

Number: 732

Course: 4.50 km
4,5 km-Lauf Schüler/Jedermann

Category:
Jedermann männlich

Total time: 30:20

Speed: 8.90 km/h

Running performance: 6:44 min/km

Rank in course/Total: 38 (of 54)

Rank in course/Men: 29 (of 35)

Best time in course: 19:03

Rank in category: 18(of 23)

Best time in the category: 19:31