



21. Kirschlauf
Kleinfahner/Thür. / 11.06.2023

Detailed evaluation

Günter Griebshammer

Club: LAV Saale Rennsteig
Number: 149

Course: 14.00 km
Hauptlauf

Category:
Senioren M70 (70-74)

Total time: 1:20:26

Speed: 10.44 km/h
Running performance: 5:44 min/km

Rank in course/Total: 80 (of 175)

Rank in course/Men: 67 (of 123)

Best time in course: 47:53

Rank in category: 1(of 5)

Best time in the category: 1:20:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle 31	-	34:03	-	1	-	68	13:18	-	34:03	-	1	-	68	13:18
Finish	-	46:23	-	1	-	67	19:15	14.00	1:20:26	-	1	-	67	32:33