



21. Kirschlauf
Kleinfahner/Thür. / 11.06.2023

Detailed evaluation

Ernst Hempel

Club: Saalfelder SV
Number: 185

Course: 14.00 km
Hauptlauf

Category:
Senioren M70 (70-74)

Total time: 1:32:40

Speed: 9.06 km/h
Running performance: 6:37 min/km

Rank in course/Total: 134 (of 175)

Rank in course/Men: 104 (of 123)

Best time in course: 47:53

Rank in category: 4(of 5)

Best time in the category: 1:20:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle 31	-	39:36	-	4	5:33	105	18:51	-	39:36	-	4	5:33	105	18:51
Finish	-	53:04	-	4	6:41	101	25:56	14.00	1:32:40	-	4	12:14	104	44:47