



21. Kirschlauf
Kleinfahner/Thür. / 11.06.2023

Detailed evaluation

Kira Sander

Total time: 1:49:59

Number: 153

Speed: 7.64 km/h

Running performance: 7:51 min/km

Course: 14.00 km

Rank in course/Total: 170 (of 175)

Hauptlauf

Rank in course/Women: 50 (of 52)

Best time in course: 1:05:51

Category:

Rank in category: 4(of 5)

Seniorinnen W30 (30-34)

Best time in the category: 1:05:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Kontrolle 31	-	43:23	-	4	15:38	43	15:38	-	43:23	-	4	15:38	43	15:38
Finish	-	1:06:36	-	5	28:30	52	28:30	14.00	1:49:59	-	4	44:08	50	44:08