



21. Kirschlauf
Kleinfahner/Thür. / 11.06.2023

Detailed evaluation

Nancy Kruse

Club: WalschbergRunners
Number: 80

Course: 14.00 km
Hauptlauf

Category:
Seniorinnen W40 (40-44)

Total time: 1:22:27

Speed: 10.19 km/h
Running performance: 5:53 min/km

Rank in course/Total: 88 (of 175)
Rank in course/Women: 16 (of 52)
Best time in course: 1:05:51

Rank in category: 3(of 7)
Best time in the category: 1:11:13

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Kontrolle 31	-	35:11	-	3	3:38	17	7:26	-	35:11	-	3	3:38	17	7:26
Finish	-	47:16	-	3	7:36	16	9:10	14.00	1:22:27	-	3	11:14	16	16:36