



21. Kirschlauf
Kleinfahner/Thür. / 11.06.2023

Detailed evaluation

Andrea Salwik

Club: Mühlhäuser Röblinglauf e.V.
Number: 112

Course: 14.00 km
Hauptlauf

Category:
Seniorinnen W40 (40-44)

Total time: 1:34:21

Speed: 8.90 km/h
Running performance: 6:44 min/km

Rank in course/Total: 140 (of 175)

Rank in course/Women: 34 (of 52)

Best time in course: 1:05:51

Rank in category: 4(of 7)

Best time in the category: 1:11:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Kontrolle 31	-	40:45	-	4	9:12	36	13:00	-	40:45	-	4	9:12	36	13:00
Finish	-	53:36	-	4	13:56	33	15:30	14.00	1:34:21	-	4	23:08	34	28:30