



21. Kirschlauf
Kleinfahner/Thür. / 11.06.2023

Detailed evaluation

Heike Kellner

Club: Mühlhäuser Röblinglaufverein
Number: 67

Course: 14.00 km
Hauptlauf

Category:
Seniorinnen W50 (50-54)

Total time: 1:08:19

Speed: 12.30 km/h
Running performance: 4:52 min/km

Rank in course/Total: 24 (of 175)

Rank in course/Women: 2 (of 52)

Best time in course: 1:05:51

Rank in category: 1(of 4)

Best time in the category: 1:08:19

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Total ranking | | | |
|--------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|-------------|---------------|-----------------|---------------|----------------|--------------|-----------------|
| | | | | | | | | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Kontrolle 31 | - | 28:06 | - | 1 | - | 2 | 0:21 | - | 28:06 | - | 1 | - | 2 | 0:21 |
| Finish | - | 40:13 | - | 1 | - | 5 | 2:07 | 14.00 | 1:08:19 | - | 1 | - | 2 | 2:28 |