



21. Kirschlauf  
Kleinfahner/Thür. / 11.06.2023

Detailed evaluation

Heike Kellner

Club: Mühlhäuser Röblinglaufverein  
Number: 67

Course: 14.00 km  
Hauptlauf

Category:  
Seniorinnen W50 (50-54)

Total time: 1:08:19

Speed: 12.30 km/h  
Running performance: 4:52 min/km

Rank in course/Total: 24 (of 175)

Rank in course/Women: 2 (of 52)

Best time in course: 1:05:51

Rank in category: 1(of 4)

Best time in the category: 1:08:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Kontrolle 31	-	28:06	-	1	-	2	0:21	-	28:06	-	1	-	2	0:21
Finish	-	40:13	-	1	-	5	2:07	14.00	1:08:19	-	1	-	2	2:28