



21. Kirschlauf
Kleinfahner/Thür. / 11.06.2023

Detailed evaluation

Annett Zwinkau

Club: FC-Deutsche Post
Number: 148

Course: 14.00 km
Hauptlauf

Category:
Seniorinnen W50 (50-54)

Total time: 1:33:02

Speed: 9.03 km/h
Running performance: 6:38 min/km

Rank in course/Total: 136 (of 175)

Rank in course/Women: 32 (of 52)

Best time in course: 1:05:51

Rank in category: 4(of 4)

Best time in the category: 1:08:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Kontrolle 31	-	38:12	-	3	10:06	25	10:27	-	38:12	-	3	10:06	25	10:27
Finish	-	54:50	-	4	14:37	35	16:44	14.00	1:33:02	-	4	24:43	32	27:11