



21. Kirschlauf
Kleinfahner/Thür. / 11.06.2023

Detailed evaluation

Corinna Lux

Club: Mittwochslaufgruppe Bad Langensalza
Number: 90

Course: 14.00 km
Hauptlauf

Category:
Seniorinnen W55 (55-59)

Total time: 1:14:37

Speed: 11.26 km/h
Running performance: 5:19 min/km

Rank in course/Total: 50 (of 175)

Rank in course/Women: 9 (of 52)

Best time in course: 1:05:51

Rank in category: 1(of 7)

Best time in the category: 1:14:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Kontrolle 31	-	32:24	-	1	-	11	4:39	-	32:24	-	1	-	11	4:39
Finish	-	42:13	-	1	-	9	4:07	14.00	1:14:37	-	1	-	9	8:46