



21. Kirschlauf
Kleinfahner/Thür. / 11.06.2023

Detailed evaluation

Uwe Bruell

Club: Run 4Fun
Number: 403

Course: 14.00 km
Nordic Walking

Category:
Nordic Walking männlich

Total time: 2:18:33

Speed: 6.06 km/h
Running performance: 9:53 min/km

Rank in course/Total: 14 (of 20)

Rank in course/Men: 5 (of 6)

Best time in course: 1:40:48

Rank in category: 5(of 6)

Best time in the category: 1:40:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle 31	-	1:12:26	-	6	30:25	6	30:25	-	1:12:26	-	6	30:25	6	30:25
Finish	-	1:06:07	-	3	7:20	3	7:20	14.00	2:18:33	-	5	37:45	5	37:45