



21. Kirschlauf  
Kleinfahner/Thür. / 11.06.2023

## Detailed evaluation

**Jakob Werner Diez**

Club: Marineclub Gotha  
Number: 707

Course: 4.50 km  
4,5 km-Lauf Schüler/Jedermann

Category:  
männliche Jugend U14 (12-13)

Total time: 22:01

Speed: 12.26 km/h  
Running performance: 4:53 min/km

Rank in course/Total: 8 (of 54)

Rank in course/Men: 8 (of 35)

Best time in course: 19:03

Rank in category: 1(of 7)

Best time in the category: 22:01