



21. Kirschlauf  
Kleinfahner/Thür. / 11.06.2023

## Detailed evaluation

**Ronja Frida Diez**

Club: Marineclub Gotha  
Number: 709

Course: 4.50 km  
4,5 km-Lauf Schüler/Jedermann

Category:  
weibliche Jugend U16 (14-15)

Total time: 32:00

Speed: 7.50 km/h  
Running performance: 7:06 min/km

Rank in course/Total: 44 (of 54)  
Rank in course/Women: 14 (of 19)  
Best time in course: 23:14

Rank in category: 2(of 2)  
Best time in the category: 30:39