



21. Kirschlauf  
Kleinfahner/Thür. / 11.06.2023

## Detailed evaluation

**Michel Karl Diez**

Club: Marineclub Gotha  
Number: 708

Course: 4.50 km  
4,5 km-Lauf Schüler/Jedermann

Category:  
Jedermann männlich

Total time: 22:07

Speed: 12.21 km/h  
Running performance: 4:54 min/km

Rank in course/Total: 9 (of 54)

Rank in course/Men: 9 (of 35)

Best time in course: 19:03

Rank in category: 6(of 23)

Best time in the category: 19:31