



21. Kirschlauf
Kleinfahner/Thür. / 11.06.2023

Detailed evaluation

Tobias Fischer

Club: GutsMuths Rennsteiglaufverein e.V.
Number: 33

Course: 14.00 km
Hauptlauf

Category:
Senioren M30 (30-34)

Total time: 1:04:06

Speed: 13.10 km/h
Running performance: 4:34 min/km

Rank in course/Total: 14 (of 175)

Rank in course/Men: 14 (of 123)

Best time in course: 47:53

Rank in category: 3(of 10)

Best time in the category: 51:24

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|--------------|-------|-------|--------|------|--------|-----|--------|-------|---------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Kontrolle 31 | - | 26:28 | - | 2 | 4:27 | 10 | 5:43 | - | 26:28 | - | 2 | 4:27 | 10 | 5:43 |
| Finish | - | 37:38 | - | 3 | 8:15 | 16 | 10:30 | 14.00 | 1:04:06 | - | 3 | 12:42 | 14 | 16:13 |