



21. Kirschlauf
Kleinfahner/Thür. / 11.06.2023

Detailed evaluation

Tom Heyer-Eichentopf

Number: 173

Course: 14.00 km
Hauptlauf

Category:
Senioren M30 (30-34)

Total time: 1:09:51

Speed: 12.03 km/h
Running performance: 4:59 min/km

Rank in course/Total: 30 (of 175)

Rank in course/Men: 27 (of 123)

Best time in course: 47:53

Rank in category: 4(of 10)

Best time in the category: 51:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	km	Time			Pos Men	Behind Men	
Kontrolle 31	-	29:03	-	4	7:02	22	8:18	-	29:03	-	4	7:02	22	8:18
Finish	-	40:48	-	4	11:25	29	13:40	14.00	1:09:51	-	4	18:27	27	21:58