



21. Kirschlauf
Kleinfahner/Thür. / 11.06.2023

Detailed evaluation

Erik Vorwerg

Club: Nuklear Crew
Number: 155

Course: 14.00 km
Hauptlauf

Category:
Senioren M30 (30-34)

Total time: 1:33:18

Speed: 9.00 km/h
Running performance: 6:39 min/km

Rank in course/Total: 138 (of 175)

Rank in course/Men: 105 (of 123)

Best time in course: 47:53

Rank in category: 9(of 10)

Best time in the category: 51:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle 31	-	40:39	-	9	18:38	111	19:54	-	40:39	-	9	18:38	111	19:54
Finish	-	52:39	-	6	23:16	98	25:31	14.00	1:33:18	-	9	41:54	105	45:25