



21. Kirschlauf
Kleinfahner/Thür. / 11.06.2023

Detailed evaluation

Patrick Kümpfel

Club: Lauffreunde Weinbergen
Number: 83

Course: 14.00 km
Hauptlauf

Category:
Senioren M30 (30-34)

Total time: 1:42:00

Speed: 8.24 km/h
Running performance: 7:17 min/km

Rank in course/Total: 159 (of 175)

Rank in course/Men: 116 (of 123)

Best time in course: 47:53

Rank in category: 10(of 10)

Best time in the category: 51:24

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total | | Pos Cat. | Behind Cat. | Total ranking | | |
|--------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------------|---------------|-------------|----------------|---------------|---------------|-------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | | | Pos Men | Behind Men | |
| Kontrolle 31 | - | 44:15 | - | 10 | 22:14 | 117 | 23:30 | - | 44:15 | - | 10 | 22:14 | 117 | 23:30 |
| Finish | - | 57:45 | - | 10 | 28:22 | 111 | 30:37 | 14.00 | 1:42:00 | - | 10 | 50:36 | 116 | 54:07 |