



21. Kirschlauf
Kleinfahner/Thür. / 11.06.2023

Detailed evaluation

Christian Thomas

Club: LAV Saale-Rennsteig
Number: 132

Course: 14.00 km
Hauptlauf

Category:
Senioren M35 (35-39)

Total time: 1:17:06

Speed: 10.89 km/h
Running performance: 5:30 min/km

Rank in course/Total: 70 (of 175)

Rank in course/Men: 59 (of 123)

Best time in course: 47:53

Rank in category: 7(of 12)

Best time in the category: 47:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle 31	-	31:58	-	7	11:13	48	11:13	-	31:58	-	7	11:13	48	11:13
Finish	-	45:08	-	7	18:00	64	18:00	14.00	1:17:06	-	7	29:13	59	29:13