



21. Kirschlauf
Kleinfahner/Thür. / 11.06.2023

Detailed evaluation

Sebastian Franke

Number: 35

Course: 14.00 km
Hauptlauf

Category:
Senioren M40 (40-44)

Total time: 1:03:40

Speed: 13.19 km/h
Running performance: 4:32 min/km

Rank in course/Total: 13 (of 175)

Rank in course/Men: 13 (of 123)

Best time in course: 47:53

Rank in category: 3(of 15)

Best time in the category: 1:01:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle 31	-	26:42	-	2	0:08	12	5:57	-	26:42	-	2	0:08	12	5:57
Finish	-	36:58	-	4	2:12	13	9:50	14.00	1:03:40	-	3	1:43	13	15:47