



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Das fröhliche Formtief

Total time: 1:13:39

Club: Birgit Emming~Caren Drees~Brigitte Feldmann

Number: 382

Course: 25.50 km

Triathlonstaffel

Rank in course: 15 (of 42)

Best time in course: 58:28

Category:

Damen-Staffel

Rank in category: 1(of 6)

Best time in the category: 1:13:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Schwimmen nett	0.50	8:17	16:33	1	-	7	1:12	0.50	8:17	16:33	1	-	7	1:12	
Wechsel S -> R	-	1:51	-	5	0:26	31	0:42	0.50	10:08	20:15	1	-	8	1:46	
Schwimmen Total	0.50	10:08	20:15	1	-	8	1:46	0.50	10:08	20:15	1	-	8	1:46	
Rad netto	20.00	40:18	2:00	4	3:39	28	10:42	20.50	50:26	2:27	2	1:01	18	12:02	
Wechsel R -> L	-	0:40	-	5	0:08	38	0:16	20.50	51:06	2:29	2	1:08	18	12:09	
Rad Total	20.00	40:58	2:02	4	3:46	28	10:49	20.50	51:06	2:29	2	1:08	18	12:09	
Lauf	5.00	22:33	4:30	1	-	13	7:10	25.50	1:13:39	2:53	1	-	15	15:11	