



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Die Wasserpfeifen

Total time: 1:16:10

Number: 396

Course: 25.50 km

Triathlonstaffel

Rank in course: 20 (of 42)

Best time in course: 58:28

Category:

Herren-Staffel

Rank in category: 5(of 11)

Best time in the category: 59:21

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen nett	0.50	10:13	20:26	5	2:16	16	3:08	0.50	10:13	20:26	5	2:16	16	3:08
Wechsel S -> R	-	1:28	-	6	0:19	14	0:19	0.50	11:41	23:22	5	2:18	16	3:19
Schwimmen Total	0.50	11:41	23:22	5	2:18	16	3:19	0.50	11:41	23:22	5	2:18	16	3:19
Rad netto	20.00	39:22	1:58	7	6:33	25	9:46	20.50	51:03	2:29	4	7:36	20	12:39
Wechsel R -> L	-	0:34	-	7	0:09	26	0:10	20.50	51:37	2:31	4	7:39	21	12:40
Rad Total	20.00	39:56	1:59	8	6:36	25	9:47	20.50	51:37	2:31	4	7:39	21	12:40
Lauf	5.00	24:33	4:54	6	9:10	18	9:10	25.50	1:16:10	2:59	5	16:49	20	17:42