



18 Lorsch Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Supernachbarn

Total time: 1:17:59

Number: 387

Course: 25.50 km

Triathlonstaffel

Rank in course: 23 (of 42)

Best time in course: 58:28

Category:

Herren-Staffel

Rank in category: 6(of 11)

Best time in the category: 59:21

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Schwimmen nett	0.50	11:52	23:44	6	3:55	25	4:47	0.50	11:52	23:44	6	3:55	25	4:47	
Wechsel S -> R	-	1:41	-	7	0:32	25	0:32	0.50	13:33	27:06	6	4:10	25	5:11	
Schwimmen Total	0.50	13:33	27:06	6	4:10	25	5:11	0.50	13:33	27:06	6	4:10	25	5:11	
Rad netto	20.00	39:01	1:57	6	6:12	23	9:25	20.50	52:34	2:33	6	9:07	24	14:10	
Wechsel R -> L	-	0:29	-	3	0:04	8	0:05	20.50	53:03	2:35	6	9:05	23	14:06	
Rad Total	20.00	39:30	1:58	6	6:10	22	9:21	20.50	53:03	2:35	6	9:05	23	14:06	
Lauf	5.00	24:56	4:59	8	9:33	23	9:33	25.50	1:17:59	3:03	6	18:38	23	19:31	