



18 Lorsch Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Zusammen 198 - Alter ist nur eine Zahl Total time: 1:02:10

Club: Heike Dieteren~Wolfgang Lenhardt~Luc Dieteren

Number: 406

Course: 25.50 km

Triathlonstaffel

Rank in course: 3 (of 42)

Best time in course: 58:28

Category:

Rank in category: 2(of 25)

Mixed-Staffel

Best time in the category: 58:28

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Schwimmen nett | 0.50 | 10:21 | 20:41 | 12 | 3:16 | 18 | 3:16 | 0.50 | 10:21 | 20:41 | 12 | 3:16 | 18 | 3:16 |
| Wechsel S -> R | - | 1:37 | - | 16 | 0:22 | 24 | 0:28 | 0.50 | 11:58 | 23:56 | 12 | 3:36 | 18 | 3:36 |
| Schwimmen Total | 0.50 | 11:58 | 23:56 | 12 | 3:36 | 18 | 3:36 | 0.50 | 11:58 | 23:56 | 12 | 3:36 | 18 | 3:36 |
| Rad netto | 20.00 | 31:06 | 1:33 | 3 | 1:30 | 3 | 1:30 | 20.50 | 43:04 | 2:06 | 2 | 4:40 | 2 | 4:40 |
| Wechsel R -> L | - | 0:29 | - | 6 | 0:05 | 8 | 0:05 | 20.50 | 43:33 | 2:07 | 2 | 4:36 | 2 | 4:36 |
| Rad Total | 20.00 | 31:35 | 1:34 | 3 | 1:26 | 3 | 1:26 | 20.50 | 43:33 | 2:07 | 2 | 4:36 | 2 | 4:36 |
| Lauf | 5.00 | 18:37 | 3:43 | 4 | 1:24 | 5 | 3:14 | 25.50 | 1:02:10 | 2:26 | 2 | 3:42 | 3 | 3:42 |