



18 Lorsch Triathlon

Lorsch / 13.08.2023

Detailed evaluation

valantastic

Total time: 1:09:58

Number: 416

Course: 25.50 km

Triathlonstaffel

Rank in course: 10 (of 42)

Best time in course: 58:28

Category:

Mixed-Staffel

Rank in category: 7(of 25)

Best time in the category: 58:28

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Schwimmen nett	0.50	9:32	19:03	8	2:27	12	2:27	0.50	9:32	19:03	8	2:27	12	2:27	
Wechsel S -> R	-	2:02	-	23	0:47	36	0:53	0.50	11:34	23:07	10	3:12	15	3:12	
Schwimmen Total	0.50	11:34	23:07	10	3:12	15	3:12	0.50	11:34	23:07	10	3:12	15	3:12	
Rad netto	20.00	36:05	1:48	9	6:29	12	6:29	20.50	47:39	2:19	8	9:15	11	9:15	
Wechsel R -> L	-	0:34	-	18	0:10	26	0:10	20.50	48:13	2:21	8	9:16	11	9:16	
Rad Total	20.00	36:39	1:49	9	6:30	12	6:30	20.50	48:13	2:21	8	9:16	11	9:16	
Lauf	5.00	21:45	4:20	7	4:32	10	6:22	25.50	1:09:58	2:44	7	11:30	10	11:30	