



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Team CH

Total time: 1:18:47

Club: Hildegard Lehmer~Carina Lehmer

Number: 424

Course: 25.50 km

Triathlonstaffel

Rank in course: 26 (of 42)

Best time in course: 58:28

Category:

Damen-Staffel

Rank in category: 3(of 6)

Best time in the category: 1:13:39

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen nett	0.50	12:26	24:52	5	4:09	28	5:21	0.50	12:26	24:52	5	4:09	28	5:21
Wechsel S -> R	-	1:45	-	4	0:20	29	0:36	0.50	14:11	28:22	5	4:03	28	5:49
Schwimmen Total	0.50	14:11	28:22	5	4:03	28	5:49	0.50	14:11	28:22	5	4:03	28	5:49
Rad netto	20.00	38:50	1:56	3	2:11	22	9:14	20.50	53:01	2:35	3	3:36	25	14:37
Wechsel R -> L	-	1:09	-	6	0:37	41	0:45	20.50	54:10	2:38	3	4:12	28	15:13
Rad Total	20.00	39:59	1:59	3	2:47	27	9:50	20.50	54:10	2:38	3	4:12	28	15:13
Lauf	5.00	24:37	4:55	2	2:04	20	9:14	25.50	1:18:47	3:05	3	5:08	26	20:19