



18 Lorsch Triathlon

Lorsch / 13.08.2023

Detailed evaluation

contigo personal training (Team 1) Total time: 1:15:40

Number: 410

Course: 25.50 km

Triathlonstaffel

Rank in course: 19 (of 42)

Best time in course: 58:28

Category:

Mixed-Staffel

Rank in category: 14(of 25)

Best time in the category: 58:28

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen nett	0.50	15:01	30:02	24	7:56	37	7:56	0.50	15:01	30:02	24	7:56	37	7:56
Wechsel S -> R	-	2:13	-	24	0:58	39	1:04	0.50	17:14	34:28	24	8:52	38	8:52
Schwimmen Total	0.50	17:14	34:28	24	8:52	38	8:52	0.50	17:14	34:28	24	8:52	38	8:52
Rad netto	20.00	32:13	1:36	5	2:37	5	2:37	20.50	49:27	2:24	11	11:03	15	11:03
Wechsel R -> L	-	0:29	-	6	0:05	8	0:05	20.50	49:56	2:26	11	10:59	14	10:59
Rad Total	20.00	32:42	1:38	5	2:33	5	2:33	20.50	49:56	2:26	11	10:59	14	10:59
Lauf	5.00	25:44	5:08	15	8:31	26	10:21	25.50	1:15:40	2:58	14	17:12	19	17:12