



18 Lorsch Triathlon

Lorsch / 13.08.2023

Detailed evaluation

WFA - wirbeln, fliegen, akrobatisch Total time: 1:19:16

Number: 393

Course: 25.50 km

Triathlonstaffel

Rank in course: 27 (of 42)

Best time in course: 58:28

Category:

Damen-Staffel

Rank in category: 4(of 6)

Best time in the category: 1:13:39

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen nett	0.50	14:27	28:53	6	6:10	35	7:22	0.50	14:27	28:53	6	6:10	35	7:22
Wechsel S -> R	-	2:04	-	6	0:39	37	0:55	0.50	16:31	33:01	6	6:23	35	8:09
Schwimmen Total	0.50	16:31	33:01	6	6:23	35	8:09	0.50	16:31	33:01	6	6:23	35	8:09
Rad netto	20.00	37:20	1:52	2	0:41	19	7:44	20.50	53:51	2:37	4	4:26	29	15:27
Wechsel R -> L	-	0:32	-	1	-	21	0:08	20.50	54:23	2:39	4	4:25	29	15:26
Rad Total	20.00	37:52	1:53	2	0:40	19	7:43	20.50	54:23	2:39	4	4:25	29	15:26
Lauf	5.00	24:53	4:58	3	2:20	22	9:30	25.50	1:19:16	3:06	4	5:37	27	20:48