



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Feuer und Flamme für Hessen

Total time: 1:26:53

Club: Stefanie Wilkening, Oliver Wilkening, Susanne Marx

Number: 420

Course: 25.50 km

Triathlonstaffel

Rank in course: 37 (of 42)

Best time in course: 58:28

Category:

Rank in category: 23(of 25)

Mixed-Staffel

Best time in the category: 58:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Schwimmen nett	0.50	13:31	27:02	21	6:26	33	6:26	0.50	13:31	27:02	21	6:26	33	6:26	
Wechsel S -> R	-	1:56	-	22	0:41	35	0:47	0.50	15:27	30:53	21	7:05	33	7:05	
Schwimmen Total	0.50	15:27	30:53	21	7:05	33	7:05	0.50	15:27	30:53	21	7:05	33	7:05	
Rad netto	20.00	39:24	1:58	16	9:48	26	9:48	20.50	54:51	2:40	20	16:27	32	16:27	
Wechsel R -> L	-	0:34	-	18	0:10	26	0:10	20.50	55:25	2:42	20	16:28	32	16:28	
Rad Total	20.00	39:58	1:59	16	9:49	26	9:49	20.50	55:25	2:42	20	16:28	32	16:28	
Lauf	5.00	31:28	6:17	22	14:15	36	16:05	25.50	1:26:53	3:24	23	28:25	37	28:25	