



18 Lorsch Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Power Moms

Total time: 1:25:28

Number: 405

Course: 25.50 km

Triathlonstaffel

Rank in course: 34 (of 42)

Best time in course: 58:28

Category:

Damen-Staffel

Rank in category: 5(of 6)

Best time in the category: 1:13:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Schwimmen nett	0.50	11:21	22:41	2	3:04	20	4:16	0.50	11:21	22:41	2	3:04	20	4:16	
Wechsel S -> R	-	1:28	-	2	0:03	14	0:19	0.50	12:49	25:37	3	2:41	21	4:27	
Schwimmen Total	0.50	12:49	25:37	3	2:41	21	4:27	0.50	12:49	25:37	3	2:41	21	4:27	
Rad netto	20.00	42:39	2:07	5	6:00	37	13:03	20.50	55:28	2:42	5	6:03	33	17:04	
Wechsel R -> L	-	0:34	-	3	0:02	26	0:10	20.50	56:02	2:44	5	6:04	33	17:05	
Rad Total	20.00	43:13	2:09	5	6:01	37	13:04	20.50	56:02	2:44	5	6:04	33	17:05	
Lauf	5.00	29:26	5:53	5	6:53	33	14:03	25.50	1:25:28	3:21	5	11:49	34	27:00	