



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Ben Deselaers

Club: SSG Einhausen

Number: 146

Course: 25.50 km

Lorsche Triathlon 0,5-20,5,0

Category:

männliche Jugend A (TM 16/17)

Total time: 1:13:49

Rank in course/Total: 93 (of 343)

Rank in course/Men: 84 (of 262)

Best time in course: 58:32

Rank in category: 2(of 4)

Best time in the category: 1:04:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:15	24:30	4	4:08	170	5:18	0.50	12:15	24:30	5	4:08	263	5:18
Wechsel S -> R	-	2:24	-	3	0:44	78	1:08	0.50	14:39	29:18	5	4:52	263	6:13
Schwimmen Total	0.50	14:39	29:18	5	4:52	263	6:13	0.50	14:39	29:18	5	4:52	263	6:13
Rad netto	20.00	36:29	1:49	2	2:43	96	12:05	20.50	51:08	2:29	5	7:35	263	12:52
Wechsel R -> L	-	0:39	-	1	-	22	0:12	20.50	51:47	2:31	5	7:32	263	12:39
Rad Total	20.00	37:08	1:51	2	2:40	87	11:59	20.50	51:47	2:31	5	7:32	263	12:39
Lauf Ziel	5.00	22:02	4:24	2	1:26	69	22:02	25.50	1:13:49	2:53	2	8:58	84	15:17