



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Jonas Döpp

Club: SSG Bensheim

Number: 51

Course: 25.50 km

Lorsche Triathlon 0,5-20,5,0

Category:

männliche Jugend A (TM 16/17)

Total time: 1:24:25

Rank in course/Total: 216 (of 343)

Rank in course/Men: 180 (of 262)

Best time in course: 58:32

Rank in category: 3(of 4)

Best time in the category: 1:04:51

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:37	21:14	2	2:30	88	3:40	0.50	10:37	21:14	5	2:30	263	3:40
Wechsel S -> R	-	2:15	-	2	0:35	62	0:59	0.50	12:52	25:44	5	3:05	263	4:26
Schwimmen Total	0.50	12:52	25:44	5	3:05	263	4:26	0.50	12:52	25:44	5	3:05	263	4:26
Rad netto	20.00	41:33	2:04	3	7:47	204	17:09	20.50	54:25	2:39	5	10:52	263	16:09
Wechsel R -> L	-	1:11	-	4	0:32	149	0:44	20.50	55:36	2:42	5	11:21	263	16:28
Rad Total	20.00	42:44	2:08	3	8:16	203	17:35	20.50	55:36	2:42	5	11:21	263	16:28
Lauf Ziel	5.00	28:49	5:45	3	8:13	205	28:49	25.50	1:24:25	3:18	3	19:34	180	25:53