



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Elias Gärtner

Total time: 1:05:18

Club: LCO Lorsch

Number: 181

Course: 25.50 km

Rank in course/Total: 17 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Men: 16 (of 262)

Best time in course: 58:32

Category:

Rank in category: 1(of 11)

männliche Junioren (TM 18/19)

Best time in the category: 1:05:18

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:22	18:44	1	-	33	2:25	0.50	9:22	18:44	1	-	263	2:25
Wechsel S -> R	-	1:55	-	2	0:01	31	0:39	0.50	11:17	22:33	1	-	28	2:51
Schwimmen Total	0.50	11:17	22:33	1	-	28	2:51	0.50	11:17	22:33	1	-	28	2:51
Rad netto	20.00	33:45	1:41	2	0:35	31	9:21	20.50	45:02	2:11	1	-	263	6:46
Wechsel R -> L	-	0:27	-	1	-	1	-	20.50	45:29	2:13	1	-	263	6:21
Rad Total	20.00	34:12	1:42	1	-	20	9:03	20.50	45:29	2:13	1	-	263	6:21
Lauf Ziel	5.00	19:49	3:57	1	-	26	19:49	25.50	1:05:18	2:33	1	-	16	6:46