



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Luca Eppel

Total time: 1:15:36

Number: 219

Course: 25.50 km

Rank in course/Total: 109 (of 343)

Lorsche Triathlon 0,5-20,5,0

Rank in course/Men: 98 (of 262)

Best time in course: 58:32

Category:

Rank in category: 6(of 11)

männliche Junioren (TM 18/19)

Best time in the category: 1:05:18

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking				
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:25	22:49	5	2:03	133	4:28	0.50	11:25	22:49	12	2:03	263	4:28
Wechsel S -> R	-	3:30	-	10	1:36	208	2:14	0.50	14:55	29:49	12	3:38	263	6:29
Schwimmen Total	0.50	14:55	29:49	12	3:38	263	6:29	0.50	14:55	29:49	12	3:38	263	6:29
Rad netto	20.00	36:41	1:50	6	3:31	106	12:17	20.50	51:36	2:31	12	6:34	263	13:20
Wechsel R -> L	-	0:54	-	7	0:27	73	0:27	20.50	52:30	2:33	12	7:01	263	13:22
Rad Total	20.00	37:35	1:52	6	3:23	97	12:26	20.50	52:30	2:33	12	7:01	263	13:22
Lauf Ziel	5.00	23:06	4:37	7	3:17	98	23:06	25.50	1:15:36	2:57	6	10:18	98	17:04