



18 Lorsch Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Lorenz Samstag

Total time: 1:34:23

Number: 232

Course: 25.50 km

Rank in course/Total: 307 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Men: 238 (of 262)

Best time in course: 58:32

Category:

Rank in category: 11(of 11)

männliche Junioren (TM 18/19)

Best time in the category: 1:05:18

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	13:10	26:19	10	3:48	213	6:13	0.50	13:10	26:19	12	3:48	263	6:13
Wechsel S -> R	-	2:43	-	5	0:49	137	1:27	0.50	15:53	31:45	12	4:36	263	7:27
Schwimmen Total	0.50	15:53	31:45	12	4:36	263	7:27	0.50	15:53	31:45	12	4:36	263	7:27
Rad netto	20.00	43:07	2:09	11	9:57	224	18:43	20.50	59:00	2:52	12	13:58	263	20:44
Wechsel R -> L	-	0:41	-	3	0:14	30	0:14	20.50	59:41	2:54	12	14:12	263	20:33
Rad Total	20.00	43:48	2:11	11	9:36	218	18:39	20.50	59:41	2:54	12	14:12	263	20:33
Lauf Ziel	5.00	34:42	6:56	11	14:53	249	34:42	25.50	1:34:23	3:42	11	29:05	238	35:51