



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Christian Klefenz

Total time: 1:02:12

Club: ASG Tria Hockenheim

Number: 333

Course: 25.50 km

Rank in course/Total: 4 (of 343)

Lorsche Triathlon 0,5-20,5,0

Rank in course/Men: 4 (of 262)

Best time in course: 58:32

Category:

Rank in category: 2(of 22)

Senioren 1 (TM 40)

Best time in the category: 1:00:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking			
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	8:51	17:41	5	1:16	18	1:54	0.50	8:51	17:41	23	1:16	18	1:54
Wechsel S -> R	-	1:46	-	5	0:11	21	0:30	0.50	10:37	21:14	23	0:36	11	2:11
Schwimmen Total	0.50	10:37	21:14	23	0:36	11	2:11	0.50	10:37	21:14	23	0:36	11	2:11
Rad netto	20.00	31:17	1:33	2	0:26	6	6:53	20.50	41:54	2:02	23	0:55	8	3:38
Wechsel R -> L	-	0:43	-	2	0:13	35	0:16	20.50	42:37	2:04	23	1:08	6	3:29
Rad Total	20.00	32:00	1:36	2	0:39	6	6:51	20.50	42:37	2:04	23	1:08	6	3:29
Lauf Ziel	5.00	19:35	3:54	3	1:01	20	19:35	25.50	1:02:12	2:26	2	2:09	4	3:40