



# 18 Lorsch Triathlon

Lorsch / 13.08.2023

## Detailed evaluation

### René Storck

Total time: 1:06:44

Club: SF Tria Rossdorf

Number: 196

Course: 25.50 km

Rank in course/Total: 26 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Men: 24 (of 262)

Best time in course: 58:32

Category:

Rank in category: 5(of 22)

Senioren 1 (TM 40)

Best time in the category: 1:00:03

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	0.50	9:32	19:03	11	1:57	40	2:35	0.50	9:32	19:03	11	1:57	263	2:35	
Wechsel S -> R	-	1:54	-	6	0:19	27	0:38	0.50	11:26	22:52	9	1:25	263	3:00	
Schwimmen Total	0.50	11:26	22:52	9	1:25	263	3:00	0.50	11:26	22:52	9	1:25	263	3:00	
Rad netto	20.00	33:44	1:41	5	2:53	30	9:20	20.50	45:10	2:12	7	4:11	263	6:54	
Wechsel R -> L	-	0:50	-	5	0:20	59	0:23	20.50	46:00	2:14	23	4:31	263	6:52	
Rad Total	20.00	34:34	1:43	5	3:13	28	9:25	20.50	46:00	2:14	23	4:31	263	6:52	
Lauf Ziel	5.00	20:44	4:08	7	2:10	42	20:44	25.50	1:06:44	2:37	5	6:41	24	8:12	