



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Sascha Brutscher

Total time: 1:08:15

Number: 35

Course: 25.50 km

Rank in course/Total: 38 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Men: 35 (of 262)

Best time in course: 58:32

Category:

Rank in category: 6(of 22)

Senioren 1 (TM 40)

Best time in the category: 1:00:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:02	18:03	6	1:27	21	2:05	0.50	9:02	18:03	23	1:27	263	2:05
Wechsel S -> R	-	2:05	-	8	0:30	48	0:49	0.50	11:07	22:14	23	1:06	263	2:41
Schwimmen Total	0.50	11:07	22:14	23	1:06	263	2:41	0.50	11:07	22:14	23	1:06	263	2:41
Rad netto	20.00	34:29	1:43	10	3:38	53	10:05	20.50	45:36	2:13	23	4:37	263	7:20
Wechsel R -> L	-	0:51	-	6	0:21	62	0:24	20.50	46:27	2:15	23	4:58	263	7:19
Rad Total	20.00	35:20	1:46	8	3:59	43	10:11	20.50	46:27	2:15	23	4:58	263	7:19
Lauf Ziel	5.00	21:48	4:21	11	3:14	63	21:48	25.50	1:08:15	2:40	6	8:12	35	9:43