



18 Lorsch Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Marcel Ritter

Total time: 1:09:30

Number: 16

Course: 25.50 km

Rank in course/Total: 51 (of 343)

Lorsch Triathlon 0,5-20,5,0

Rank in course/Men: 47 (of 262)

Best time in course: 58:32

Category:

Rank in category: 9(of 22)

Senioren 1 (TM 40)

Best time in the category: 1:00:03

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:08	20:15	14	2:33	68	3:11	0.50	10:08	20:15	23	2:33	263	3:11
Wechsel S -> R	-	1:59	-	7	0:24	36	0:43	0.50	12:07	24:14	23	2:06	263	3:41
Schwimmen Total	0.50	12:07	24:14	23	2:06	263	3:41	0.50	12:07	24:14	23	2:06	263	3:41
Rad netto	20.00	34:32	1:43	11	3:41	54	10:08	20.50	46:39	2:16	23	5:40	263	8:23
Wechsel R -> L	-	1:23	-	19	0:53	185	0:56	20.50	48:02	2:20	23	6:33	263	8:54
Rad Total	20.00	35:55	1:47	11	4:34	60	10:46	20.50	48:02	2:20	23	6:33	263	8:54
Lauf Ziel	5.00	21:28	4:17	10	2:54	60	21:28	25.50	1:09:30	2:43	9	9:27	47	10:58