



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Tobias Schramm

Total time: 1:30:13

Number: 336

Course: 25.50 km

Lorsche Triathlon 0,5-20,5,0

Rank in course/Total: 279 (of 343)

Rank in course/Men: 224 (of 262)

Best time in course: 58:32

Category:

männliche AK 1 (TM 20)

Rank in category: 13(of 15)

Best time in the category: 1:06:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	13:30	27:00	14	4:53	221	6:33	0.50	13:30	27:00	16	4:53	221	6:33
Wechsel S -> R	-	4:51	-	15	3:14	257	3:35	0.50	18:21	36:42	16	8:07	244	9:55
Schwimmen Total	0.50	18:21	36:42	16	8:07	244	9:55	0.50	18:21	36:42	16	8:07	244	9:55
Rad netto	20.00	41:48	2:05	12	17:24	210	17:24	20.50	1:00:09	2:56	16	20:36	230	21:53
Wechsel R -> L	-	3:23	-	15	2:51	260	2:56	20.50	1:03:32	3:05	16	23:14	240	24:24
Rad Total	20.00	45:11	2:15	14	20:02	232	20:02	20.50	1:03:32	3:05	16	23:14	240	24:24
Lauf Ziel	5.00	26:41	5:20	13	26:41	171	26:41	25.50	1:30:13	3:32	13	24:13	224	31:41