



18 Lorsche Triathlon

Lorsch / 13.08.2023

Detailed evaluation

Tim Martin

Total time: 1:12:10

Number: 195

Course: 25.50 km

Rank in course/Total: 75 (of 343)

Lorsche Triathlon 0,5-20,5,0

Rank in course/Men: 71 (of 262)

Best time in course: 58:32

Category:

Rank in category: 14(of 22)

Senioren 1 (TM 40)

Best time in the category: 1:00:03

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	8:15	16:30	2	0:40	5	1:18	0.50	8:15	16:30	2	0:40	263	1:18
Wechsel S -> R	-	2:24	-	11	0:49	78	1:08	0.50	10:39	21:18	5	0:38	263	2:13
Schwimmen Total	0.50	10:39	21:18	5	0:38	263	2:13	0.50	10:39	21:18	5	0:38	263	2:13
Rad netto	20.00	34:20	1:43	8	3:29	47	9:56	20.50	44:59	2:11	23	4:00	263	6:43
Wechsel R -> L	-	1:22	-	18	0:52	183	0:55	20.50	46:21	2:15	23	4:52	263	7:13
Rad Total	20.00	35:42	1:47	10	4:21	56	10:33	20.50	46:21	2:15	23	4:52	263	7:13
Lauf Ziel	5.00	25:49	5:09	19	7:15	161	25:49	25.50	1:12:10	2:49	14	12:07	71	13:38